

Miller's Tae Kwon Do Lewistown Pennsylvania

Free Class Enrollment Form

Physical Benefits: Our program goes beyond teaching kick and punch. It combines simple self-defense techniques with games, obstacle courses, relays and exercises to show kids that being fit is fun! This type of cross training not only holds your child's interest, but also increases his/her strength, endurance and flexibility.

Mental Benefits: Many parents notice a positive shift in their child's attitude. This is because our activities help develop your child's motor skills such as agility, coordination,, and balance. As these skills progress and performance improves, so does your child's confidence, focus and self-esteem. The result is a healthier attitude and more positive outlook on life.

Please complete the information on this form and return to the Miller's Tae Kwon Do.

Name _____ Male _____ Female _____ Age _____

Please check the Age Group that best describes the class you will be attending:

	Tiny Tigers Ages (6-under)		Children Ages (7-12)
	Teen Ages(13-17)		Adult (18-up)

Address _____ City _____ State _____ Zip _____

Telephone _____ Email _____

Medical History we should know about?

Miller's Tae Kwon Do RELEASE FROM LIABILITY

I do fully understand that this class is a physical activity and I do not hold responsible the school, instructors for injuries sustained during class supervised times, or walking to and from class. In addition I will allow Miller's Tae Kwon Do to use pictures of my child participating in activities to be used at their discretion.

Parent's Signature _____

MILLER'S TAE KWON DO RELEASE FROM LIABILITY

In consideration for my attendance and participation in the martial arts training offered by Miller's Tae Kwon Do, I student/parent acknowledge the existence of certain inherent risk in this type of training and hereby agree to assume all risks. I further relieve the school, the management, assigned staff and fellow students from liability resulting from loss, whether personal belongings or bodily injury. I also hereby state, that myself or my child is physically fit to take the prescribed course of instruction and do so of my own free will in exchange for an agreed upon fee, if I would choose to continue classes beyond the free introductory class. I understand there is no refund policy on any monies I will pay Miller's Tae Kwon Do.

Parent's Signature _____